Name - Mariah Danielle Pruitt

Contact Information

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Phone - (423)920-4392

Club/School -

Tribe Rugby Football Club at McMinn County High School, Head Coach – Buck Billings – cell 802-310-2073 – school 423-745-4142 – email BBillings@McMinnSchools.com

School Address – McMinn County High School, 2215 Congress Pkwy S. Athens, TN 37303

Introduction of yourself and your intentions

The purpose of this "rugby resume" is to inform you of who I am as a person as well as a player. I would like to play on a varsity rugby team and major in nursing, pre-med, or biology. I wish to learn how to be the best version of myself on and off the field.

<u>Vitals</u>

Academic (GPA/ACT) – 3.96/ composite ACT score of 22, (Best score in English: 24, Math: 26, Reading: 23, Science: 21 (scheduled to take the ACT September and October test dates)

Physical (Height/Weight) - 5'8/170lbs

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Strength/Conditioning – Bench Press:105, Back Squat: 200, Deadlift: 200, Clean and Jerk: 100,

Clean: 105

Years played and positions -

Three full seasons on 7'S and 15's

15's positions: No.8, Flyhalf, Lock

7's positions: Flyhalf, Prop, Center

Team accomplishments -

2016 17-4 entire 15's season

Undefeated regular 2016 15's season

2016 Cup State Champions (15's)

2016 Division One Single School National Champion Finalists (15's)

2016 4-0 Nash Bash (KC United, Hudson, Germantown, Warren County) (15's)

2015 Bowl State Champions (15's)

2015 Las Vegas Invitational (7's) (15's)

2015 Atlanta 7's finalists

2014 3rd place state finalists (7's)

2014 Bowl State Champions (15's)

2013 2nd place state finalists (7's)

Awards and Select-sides -

2016 Scion select side (Cow Pie tournament champions)

2016 Tri-stars Tennessee select side (3-1) (15's)

2016 State Tournament MVP

2016 Tribe Rugby Captain

2016 Scion Select Side (7's) 2nd place in Atlanta 7's

2015 Tennessee Belles Tennessee select side (4-0) (15's) South Regional Champions

Tours/Travel/Tournaments –

2016 Scion Rugby Academy Summer Camp (Cow Pie Sevens 1st)

2016 South Regional Tournament (Tennessee Tri-Stars 3-1)

2016 Single School National Tournament (8th in Division 1)

2016 Atlanta 7's Tournament (Scion Rugby Academy 2nd)

2016 Spring Break New York Tour (2-0)

-This tour consisted of two 15's matches (Morris, and South Jersey) and a rugby camp with Coach Joanne Liu of Scion Rugby Academy.

2016 Nash Bash Tournament (5-0)

2015 South Regional Tournament (Tennessee Belles 4-0)

2015 Las Vegas Invitational (1-3 in 7's and 1-0 in 15's)

2015 Atlanta 7's Tournament (3rd)

2015 Nash Bash Tournament (3-0)

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Strengths -

I enjoy working hard for the things that I want. Others have told me that I am good in a leadership position. My coach tells me that I have the ability to adapt to different positions, I have numerous amounts of take-a-ways, and I am assertive in contact. When I have the ball in hand I break the gain line and when on defense I take the hit to the ball carrier.

Rugby goals and life goals -

My rugby goal is to continue growing and to go to a college with a varsity rugby program. After attending college, I would like to go to medical school or pursue becoming a Physician's Assistant or Nurse Practitioner. I want to develop as a person and player, including being the best version of myself on and off the field.

What you have learned about yourself from playing rugby -

I have learned that I am stronger than I thought I ever could be. I have learned that I should always give things a second chance. When I first heard about our then inexperienced rugby team I could not have been more uninterested. However, the moment I touched the ball I fell in love. I have learned that I am capable of showing others love through rugby.

Why Rugby -

Rugby is more than just a sport. It builds friendships, and makes me feel welcomed. I have found that it has helped build up my characteristics and formed who I am as a person.

Favorite Rugby Memory –

My favorite rugby memory is when my team traveled to New York City and visited Times Square. While walking in awe, amazed by the tall buildings and flashing lights, it started to snow. The white snow was falling on my eyelashes and I realized how much I loved rugby as well as my teammates. I knew in that moment that being a part of something special makes you special.

What you like about your team/Tribe Rugby -

Tribe Rugby has taught me many things the past three years, but most importantly this team has taught me how to overcome adversity and never let anyone or anything hold me back. Our coaches give their all to our players teaching us discipline, showing us love, and telling us to always keep going.

What you want to help your college team accomplish -

I would like to help my college team build continuity as a team and go on to win championships. I would like to play alongside other athletes that love the game as much as I do.

What a rugby coach need to know about you -

A rugby coach would need to know that I am a very dedicated player, a quick learner, a caring teammate, and a hardworking student. I will not be easily distracted. I do not easily give up. Rugby is very important to me, but my education comes first.